



presented by



2025 Policy

February 24, 2025

The Rocky Mountain Cup is a series of bicycle races that help to organize the road racing calendar, define standards for road racing events, provide a logical and cohesive points-based competition, and set expectations for athletes, clubs, event directors, officials and other stakeholders. Bicycle Colorado owns and operates the Rocky Mountain Road Cup each year as a tool to provide structure to the competitive road cycling season in Colorado's Front Range.

Summary of Key Changes for 2025

- Inclusion of Master Men 50+ Category 3

1 GOALS

- o Encourage teamwork and competitiveness.
- o Effectively manage the length of the race day.
- o Encourage quality, safe and sustainable events.
- o Effectively manage the race calendar by attempting to evenly distribute events and avoid date conflicts.
- o Effectively balance the needs of the race directors with the needs of the riders.
- o Effectively balance the events for the race groups to give all riders a fair number of racing opportunities.
- o Recognize the best individual racers in designated race groups.
- o Recognize the best Bicycle Colorado club members in the Team Competition for designated race groups.
- o Bicycle Colorado is committed to promoting equity [parity] in cycling. As a part of this commitment, we understand the importance of equity in race prizes between men and women. Equal payouts send a message to all cyclists that Men's and Women's races are equally important, and the racers deserve equal respect for their efforts. While Bicycle Colorado does not require specific prize amounts, we encourage Clubs and Event Directors/Promoters to strive for equitable payout distribution across Men's and Women's races.

2 COMPETITOR ELIGIBILITY & RESPONSIBILITIES

2.1 INDIVIDUAL RESPONSIBILITIES

- o Bicycle Colorado ANNUAL members who are licensed by USA CYCLING and are categorized as a 1, 2, 3, 4, or 5 may earn points in the Rocky Mountain Road Cup Individual Competition. All USA Cycling annual members who live in Colorado are automatically given a Bicycle Colorado annual 'racing membership' at no charge (\$40 value).
- o Riders are responsible to ensure that their correct category and club affiliation is on both their USAC and BikeReg profiles prior to registering for a particular race, or the integrity of results and Cup standings may be compromised.
- o Riders are encouraged to verify official results onsite and protest on race day. In most cases, results are considered final after the official protest period has concluded. Results are generally posted to the USAC website within 24 hours of the event's conclusion. As per USAC rules, the official protest period will end 30 days after the completion of the event. Athletes may contact BC at raceevents@bicyclecolorado.org to protest results that have been published. All results are final after any issues reported within the 30-day period have been resolved.
- o Riders are encouraged to monitor the point standings on the Bicycle Colorado website, and submit questions to racetech@bicyclecolorado.org.
- o Points earned before annual USAC membership is obtained will not be counted in the rider's points.
- o Pro license holders are welcome to compete in CUP events but are not eligible for points.

2.2 TEAM RESPONSIBILITIES

- o Bicycle Colorado ANNUAL members who are licensed by USA CYCLING and are categorized as a 1, 2, 3, 4, or 5 may earn points for their team in the Rocky Mountain Road Cup Team Competition.
- o Only clubs (ie Teams) that are annual Bicycle Colorado member clubs in good standing will be counted in the Cup competition.
- o Points earned before club annual membership is obtained will not be counted in the team's points. Once team points are listed in the results for an event, no changes in club affiliation will be allowed for that event's results.
- o Team Representatives are responsible to ensure that their riders have their correct category and club affiliation are accurate on their USAC and BikeReg profile prior to registering for a particular race or the integrity of results and Cup standings may be compromised.
- o Teams must encourage their riders to use the correct team name in registration. Failure to do so may result in errors in Team Cup calculations.
- o Teams are encouraged to monitor the Team Cup point standings on the Bicycle Colorado website, and submit questions to racetech@bicyclecolorado.org.
- o Clubs should submit their club roster with first and last names, and USAC racing membership numbers, in writing to racetech@bicyclecolorado.org.

3 EVENT SELECTION

- o Only Bicycle Colorado member clubs in good standing may apply for Cup designation for their event and in doing so agree to abide by:
 - Bicycle Colorado 2025 General Policy
 - Bicycle Colorado 2025 Road Cup Policy
 - Bicycle Colorado 2025 Schedule of Fees - Collect and pay all fees as outlined.
- o Promoting clubs and event directors/promoters must be current members, in good standing, of both USA Cycling and the Bicycle Colorado.

- o Clubs must have properly applied for the status of ROAD CUP.
- o Single Day events, Stage Races and overall results from midweek series may be considered for inclusion in the Road Cup.
- o Omnium overall standings will not be included in the Cup competition.
- o For Stage Races, each individual day scores points, as well as the overall General Classification.
- o Individual Time Trials will count for ROAD CUP Individual and **Team** designation.
- o Team Time Trials will only be considered for ROAD CUP **Team** designation.
- o First year events and/or clubs who canceled an event in the previous year for reasons other than weather, will be considered probationary and therefore must demonstrate to Bicycle Colorado beyond a reasonable doubt that they should be awarded CUP status..
- o Bicycle Colorado shall select the ROAD CUP events.

4 EVENT REQUIREMENTS

4.1 ALL CUP EVENTS

- o Events are encouraged to have a professional appearance and atmosphere. Suggested items include, but are not limited to:
 - Announcers and Music
 - Finish Line Apparatus
 - Vendor/Expo Area
 - Activities for children
- o In the event of a weather cancellation, the event director shall call the Chief Referee and Bicycle Colorado Event Support Manager to inform them of the situation as soon as possible

4.2 REGISTRATION

- o Pre-registration is recommended for all CUP events.
- o A distinct pre-registration number pick-up line is recommended at races offering pre-registration.
- o Pre-registration must be available until 36 hours before the event starts. Stage races and time trials can close registration earlier.
- o Pre-registration files must include the following validated data and be available for Bicycle Colorado review 18 hours in advance of the first race if requested.
 - First and Last Name
 - Category Entering
 - USAC RACE Membership Number
 - Expiration Date for USAC RACE Membership
 - Gender
 - Age
 - Racer's state of residence as stated on USAC membership
 - Club/Team as stated on USAC membership
 - Racer's email address
- o It is recommended that BC be given access to registration data on the registration platform, ie provide log-in information to BikeReg or the chosen registration platform.
- o BC's RaceDay Registration Program is recommended to be used for onsite registration and validation.

4.3 FLYERS AND RACE ANNOUNCEMENTS

- o The Chief Referee and/or Event Support Coordinator must approve race Flyers before posting the event to USAC, BC and Bike Reg.
- o All flyers must have the following logos:

- Bicycle Colorado
 - USAC
 - Road CUP
 - Flyer version number and date of version
- o Race flyers should be posted 30 days in advance of pre-registration deadline in order to charge late entry fees.

4.4 START LISTS

- o Start, and call-up lists if applicable, must be generated by the race director and distributed to officials and announcers.
- o Start lists must include: Bib #, First and Last name, Team name, State, Category, Age, Gender, validated USAC #, One-Day (if sold through BikeReg or USAC) and 1-D (if sold at race site).

4.5 RESULTS

- o Results are based on the SPECIFIC CUP RACE GROUP entered by an athlete prior to the event. No race group changes may occur after the start of a race. Electronically generated results must be provided to Bicycle Colorado. These data files must include:
 - o Validated USAC#, proper One-day abbreviation, Place, Race group using proper abbreviations (SM, SW, MW, MM, JM, JW), First Name, Last Name, Time, Bib #, State (as listed on USAC membership), Club/Team.
 - o Provide the calculation of finish times, and provide the ability to sort results by time and race group.
 - o Files need to be sent to the Events Support Operations Coordinator and Events Support Digital Coordinator within 4 hours of the conclusion of the event. Results should be submitted in Excel Spreadsheet format to racetech@bicyclecolorado.org and raceevents@bicyclecolorado.org.

5 RACE GROUPS


5.1 ROAD CUP RACE GROUPS

The following groups are the official groups that will compete for Individual and Team Road Cup:

RACE GROUPS INCLUDED IN ROAD CUP COMPETITION								
Junior Men	JM 9-10	JM 11-12	JM 13-14	JM 15-16	JM 17-18			
Junior Women	JW 9-10	JW 11-12	JW 13-14	JW 15-16	JW 17-18			
Senior Men	SM 1-2	SM 3	SM 4	SM 5				

Senior Women	SW 1-2	SW 3	SW 4	SW 5				
Master Men	MM 40+ 1-2-3	MM 40+ 3	MM 40+ 4	MM 50+ 1-2-3	MM 50+ 3	MM 50+ 3	MM 60+	MM 70+
Master Women	MW 40+	MW 50+	MW 60+	MW 70+				

- o Pros are welcome to race in Cup events but are **not** eligible for Cup points.
- o Any variations to these race groups must be approved by Bicycle Colorado prior to the event.
- o Riders may always choose to ride up in a higher category for individual time trials.
- o Event Directors can choose the race groups to include on their race day.

		ROAD RACE	CRITERIUM	HILL CLIMB	TIME TRIAL
	Technology	High Speed Camera*	High Speed Camera*	High Speed Camera*	Electronic Timing*
	Prize List	Suggested: Cash SENIOR MEN 1-2: 3 deep: Cash SENIOR WOMEN 1-2: 3 deep. Equal Amounts for Men and Women			
	Spectacle	Quality announcers and sound, formal podium. Neutral support encouraged. Pre-J Events are strongly encouraged.			
	Course Safety	Solid fencing last 50 meters	Solid fencing last 50 meters	Solid or soft fencing last 50 meters	
	Medical	Dedicated EMT, Paramedic, or medical professional with triage experience			
	Officials Enclosure & Staffing	Enclosed, weatherproof, wind-proof, elevated, safe and shaded space for race officials. This space must be positioned such that officials can clearly see oncoming racers. The Chief Referee has the final decision regarding the most suitable judging location for the officials. Staffed at USA Cycling guidelines at a minimum. Radios are required for communication between Race Director, Chief Referee, Chief Judge, Registration, Medical; additional radio distribution is suggested (note, radios are provided by Bicycle Colorado free of charge for Bicycle Colorado events)			
	Race Numbers	Meet minimum standards per USAC Rule 1J7			
NON CUP or Mid week	Technology	Finish Line Camera**	Finish Line Camera**	Finish Line Camera**	Results Calculations & Sorting Program***
	Prize List	Race Director Discretion			
	Course Safety	Hard or soft fencing final 50 meters, cones			
	Medical	Dedicated EMT, Paramedic, or medical professional with triage experience			
	Officials Enclosure & Staffing	Officials Work Area. Elevated and covered platform with table, chairs, laps counter, and bell. Per USA Cycling specifications at a minimum.			
	Race Numbers	Meet minimum standards per USAC rule 1J7			

- o Event directors/promoters may run other non-cup categories at their discretion.
- o Event Directors can choose to combine groups on their race day with input from Bicycle Colorado and the Chief Referee.
- o Only CUP categories will be included in Cup calculations; ie Bicycle Colorado will not map results from similar categories into Cup categories.

5.2 RACE GROUPS AT STATE CHAMPIONSHIPS

Races that host specific groups for their State Championships, such as Junior Hill Climb or Masters criterium, may host other race groups in addition to the championship classes. Race groups run for State Championships may have combined starts with other race groups, but BC encourages combined waves that do not mix seniors with masters. The events will be CUP for these other classes as long as they are correct CUP race groups.

6 ROAD CUP RACE DAY REQUIREMENTS

Races held in Colorado are expected to meet the following standards:

- * A 'High Speed Camera' is defined as a camera with the capability to produce images at a minimum speed of 1,500 line scans per second.
- ** Not necessarily a high-speed camera, but good video system with playback capability while still filming
- *** Program that can subtract times and then sort them

7 TEAM TIME TRIALS

- o All riders on a TTT Team must have the same club on their annual USAC license to count for ROAD CUP Team Points.
- o Composite Teams and/or teams with 1-Day licensees are ineligible for ROAD CUP Team points.
- o Points shall be awarded to the top ten teams.
- o Riders may ride up categories for TTT's. The Race Group is taken on the highest category rider.
- o The Race Group must be designated at registration. Example below:
 - Men 1-2 TTT could comprise one cat 2, one cat 3, one cat 4 man. They will be placed in the Men 1-2 race group.
 - Men 40+ 1-2-3 TTT could comprise one 40+ Cat-2, one 50+ Cat 3, one 60+ Cat 4. This team will be placed in the Men 40+ 1-2-3 race group.
 - Men 17-18 could comprise one Men 17, one Men 15, and one Men 12 rider. This team will be placed in the Men 17-18 race group.

	Number of Riders	Time Taken On
Men	3-4	3 rd rider
Women	2-4	2 nd rider
Men/Women 9-18	2-4	2 nd rider

8 ROAD RACES

8.1 ROAD RACES

- o A circuit course is considered a road race if the lap is at least 5 kilometers long.
- o Groups separated by a "/" indicate the groups start together or are staggered but have separate results and prizes.

8.2 RECOMMENDED COMBINATIONS FOR ROAD

RACES

In an ideal world, all race groups would have their own starts. Given that is not practical in most races, the table below indicates the suggested combinations of groups on the road. These are designed to give everyone the best race experience possible within the confines of race practicality. Any variations in this must be approved by Bicycle Colorado prior to the event. Groups separated by a “/” indicate that they have a common or staggered start but will be scored separately for points and prizes. The Event Director/Promoter can choose to offer these groups separately at his or her discretion, and/or add non-cup groups.

Race Groups	Preferred Combinations
MEN 1-2	MEN 1-2/ MEN 3/ MEN 40+ 1-2-3
MEN 3	
MEN 40+ 1-2-3	
MEN 4	MEN 4 / MEN 5 / MEN 17-18/ MEN 15-16
MEN 5	
MEN 17-18	
MEN 15-16	
WOMEN 1-2	WOMEN 1-2 / WOMEN 3 / WOMEN 40+
WOMEN 3	
WOMEN 40+	
WOMEN 4	WOMEN 4 / WOMEN 5 / WOMEN 17-18 / WOMEN 15-16 / WOMEN 50+ / WOMEN 60+ / WOMEN 70+
WOMEN 5	
WOMEN 50+	
WOMEN 60+	
WOMEN 70+	
WOMEN 17-18	
WOMEN 15-16	
MEN 40+ 3	MEN 40+3 / MEN 50+1-2-3 / MEN 50+ 3
MEN 50+1-2-3	
MEN 50+ 3	
MEN 40+ 4	MEN 40+4 / MEN 50+ 4
MEN 50+ 4	

MEN 60+	MEN 60+ / MEN 70+
MEN 70+	
MEM 9-10	MEN 9-10 / WOMEN 9-10 MEN 11-12 / WOMEN 11-12 MEN 13-14 / WOMEN 13-14
WOMEN 9-10	
MEN 11-12	
WOMEN 11-12	
MEN 13-14	
WOMEN 13-14	

9 CRITERIUMS

- o Closed Courses between eight hundred meters and five kilometers in length.

9.1 REQUIRED GROUPS AND RECOMMENDED COMBINATIONS FOR CRITERIUMS

In a perfect world, all race groups would have their own start. This being impractical, the following table gives suggested combinations, distances, field limits, and required gaps between races. An Event director/promoter is always welcome to separate out groups, such having a separate MEN 5 or WOMEN 5. Groups separated by a / indicate that they start together (or possibly staggered), have separate prizes, and separate results produced. Note that any event that allows cat 5 riders has a field limit of 75 per USA Cycling rules.

<u>Race Group or Combination</u>	<u>Minimum Race Time</u>	<u>Time Gap After Race</u>	<u>Field Limit</u>
MEN 1-2	60 min	10 min	*
MEN 3	50 min	10 min	*
MEN 4 / MEN 5/ MEN 17-18 / MEN 15-16	40 min	10 min	75
WOMEN 1-2 / WOMEN 3 / WOMEN 40+	45 min	10 min	75
WOMEN 4 / WOMEN 5 / WOMEN 50+ / WOMEN 60+ / WOMEN 70+ / WOMEN 17-18 / WOMEN 15-16	40 min	15 min	75
MEN 9-10 / WOMEN 9-10 MEN 11-12 / WOMEN 11-12/ MEN 13-14 / WOMEN 13-14	20 min	15 min	75

MEN 40+ 1-2-3	50 min	10 min	*
MEN 50+ 1-2-3 / MEN 60+ / MEN 70+	45 min	10 min	75
MEN 40 + 3 / MEN 50+ 3	45 min	10 min	*
MEN 40+ 4 / 50+ 4	40 min	10 min	*
Lunch Break	15 min	15 min	

- *The default field limit is 100.

10 SCORING AND REGULATIONS

Cup individual and team point totals will be calculated using point values from:

- o Top 4 - Road Races
- o Top 4 - Criteriums
- o Top 4 - Time Trials
- o Top 4 - Hill Climbs
- o Top 4 - Stage Race General Classifications
- o The overall, final results of a Midweek Series may be included in Cup competitions. The overall results will be awarded points according to the same points schedule as other events.
- o The results from State Championship events (road, criterium, time trial and hill climb) will be awarded a greater point value. All state championship results will be multiplied by 1.5 in the calculations for Individual and Team Cup standings.
- o Stage Race G.C. Final Results will earn 1.25 the number of points shown in the table below.

10.1 INDIVIDUAL CUP SCORING

Place	Points	Place	Points
1	35	16	10
2	30	17	9
3	27	18	8
4	24	19	7
5	22	20	6
6	20	21	5
7	19	22	4
8	18	23	3
9	17	24	2
10	16	25	1
11	15		
12	14		
13	13		
14	12		
15	11		

10.2 TEAM CUP SCORING

Team CUP will be scored as follows:

- Teams will earn points by the placings of their individual riders. Teams will receive the number of points for the Team CUP competition as earned by riders who finish in the appropriate category. Points will be awarded as per the table below:

Rider Placing	Points
1	20
2	17
3	14
4	12
5	11
6	10
7	9
8	8
9	7
10	6

10.3 TIE BREAKERS

In the case of a tie, the tie will be broken in favor of the team who had the highest placing rider in the State Road Race. If a given category did not have the opportunity to race in a state championship road race in the year in question, then the tie will be broken in favor of the team who had the highest placing rider in the State Criterium. If a given category did not have the opportunity to race in a state championship road race or criterium in the year in question, then the tie will be broken in favor of the team who had the highest placing rider in the State Time Trial.