



2024 Colorado Cross Cup Policy **Final - July 1, 2024**

In an effort to create the best possible cyclo-cross racing season for the Front Range area of Colorado, Bicycle Colorado (BC) has created the Colorado Cross Cup policy to meet the needs of our clubs, athletes, event directors and race officials. Please note that this BC Policy is in addition to the USA Cycling Rulebook, and in the event of conflict between these documents, the USA Cycling Rulebook takes precedence.

1 GOALS OF THE COLORADO CROSS CUP

- Promote cyclocross racing in Colorado
- Drive participation in Colorado cyclocross events
- Manage the CX race calendar
- Manage the length of the race day and provide consistent race day schedules and opportunities for athletes to race
- Support high-quality, safe and competitive events
- Recognize the best Colorado Cross Cup Individuals and Teams in designated categories

2 COLORADO CROSS CUP REGULATIONS

2.1 REGISTRATION

- Race flyers should be posted to the BC site 30 days in advance of the pre-registration deadline.
- A race flyer is a document that contains all relevant information for a given event. BC staff will review race flyers to make sure they are complete and accurate before posting. Race flyers need version numbers and dates so that the community can see if/when changes are made to the event.
- Event directors who have a website or webpage dedicated to their event may request an exemption from providing a race flyer. All other events need to produce a race flyer with input

from BC and their Chief Referee. A registration website (such as BikeReg) does NOT count as a dedicated website or webpage.

- Registration for Colorado Cross Cup Events:

- Must close a minimum of 40 minutes before each race start.

- It is recommended that pre-registration be available until at least 48 hours before the event starts.

- Race directors should provide a separate line for pre-registered riders to pick up their race numbers.

- Pre-registration files must include the following validated data and be sent to the timing company or race director 18 hours in advance of the first race if requested.

- First and Last Name
- Category
- Validated USAC License Number
- Gender
- Racer's state of residence as shown in USA Cycling membership profile
- Team/Club as listed in their USA Cycling membership profile
- Email

- Use of BC's RaceDay Registration Program (this is a free service) is highly recommended for onsite registration.

- Electronic start lists and results must include validated USAC license numbers.

- Bicycle Colorado's Event Support Operations Coordinator should have access to event director's pre-registration accounts as an Additional User with Timer/Data Download access.

- This will allow the Coordinator to check that riders have a valid racing membership on the day of the race and are entered in the correct category.

2.2 COURSE PREVIEW

- Riders are allowed to preview the course at times designated by the race flyer and by the Chief Referee. Riders previewing the course should always respect the rights of active racers. A green flag will be flown near the start/finish line when the course is open for previewing. Alternatively, a red flag, or absence of a flag, will designate that the course is closed for preview. Riders must exit the course when the red flag is visible or when notified to leave the course. Riders may preview the course by following a race group just after the start of the race, or by entering the course just past the finish line once the winner of the previous race finishes. Riders must not interfere with any ongoing race, nor pass any rider who is still racing. Failure to abide by this preview policy may result in disqualification or loss of start position for poor sportsmanship. The Chief Referee is the final authority on course preview.

3 CALENDAR CREATION AND EVENT SELECTION

- The Colorado Cross Cup season runs from September 1st to December 31st.
- In order for an event to appear on the BC Racing Calendar and be part of the Colorado Cross Cup, the following conditions must be met:
 - Promoting clubs must be current members in good standing of both USA Cycling and Bicycle Colorado.
 - Race Director has requested the status of Cross Cup for their event.

- BC will attempt to balance the schedule to give equal opportunities for race directors to put on events.
- In the winter of each year, the BC Events Support Operations Coordinator will collect Race Date Request Forms from event directors who wish to host a cyclo-cross race in the upcoming season. Each spring, BC will host a Cross Promoters' Meeting to create the upcoming cyclo-cross season based on the dates requested by the clubs and race directors.
- From the calendar created at the Spring Cross Race Directors' Meeting, BC shall select the Colorado Cross Cup events and designate a Colorado Cyclocross State Championship event.
- First year events and/or clubs/race directors who canceled an event for reasons other than weather will be considered probationary and must demonstrate beyond a reasonable doubt that they should be awarded Cup status.
- Failure to meet Colorado Cross Cup policy standards may result in loss of Colorado Cross Cup status for the current year event and may cause the club to be ineligible for Colorado Cross Cup status the following year.
- Race directors have the option to not be part of the Colorado Cross Cup (i.e. their event has no points designation).
- Mid-Week races will not be part of the Colorado Cross Cup point competition (Friday night races may be considered through a written request to BC).

4 RIDER AND CLUB ELIGIBILITY

- Athletes who hold a valid USA Cycling Racing Membership and reside in Colorado will earn points in the Colorado Cross Cup individual competition.
- BC member clubs in good standing may earn points for the Team Competition. Clubs can join as a BC Member Club [using this link](#).
- USAC one-day members are not eligible for Cup points.
- Points earned before annual membership is obtained will not be counted in the rider's points or team's points total.
- Points earned by a rider prior to the rider's club being listed on the rider's USA Cycling membership profile will not count towards the Team Cup.
- No retroactive points will be awarded to an individual or team.

5 COLORADO CROSS CUP RIDER AND CLUB RESPONSIBILITIES

- USAC and BC membership fees have been paid for riders and their club.
- The correct category and club affiliation is shown on their profiles on www.usacycling.org by September 1.
- Current BC member clubs/teams are listed on the BC website. If your team is not listed on the site, your team will not be counted for the Cross Cup.
- Event details change, and riders must read the event flyer or event director's website for the details that are specific to each event. It is the responsibility of the rider to know the event details. Riders are encouraged to view event details in the days preceding the event.
- Riders must arrive at the call-up/staging area at least 10 minutes prior to the start of their event. If late, they will enter the start grid after the most recently called rider or wave has been allowed to stage.
- Rider will verify his/her placing on the official results that are posted at the race venue.

- Riders and Teams will monitor the Colorado Cross Cup points standings on the BC website and submit questions to the BC Support Program Digital Coordinator.

6 COLORADO CROSS CUP RACE DIRECTOR RESPONSIBILITIES

- The race director will abide by all Colorado Cross Cup policies.
- The race director agrees to collect and pay all fees as outlined in the BC Schedule of Fees and as directed by USA Cycling.
- Events should have a professional appearance and atmosphere as outlined in section 7.
- In the event of a weather cancellation, the race director shall call the Chief Referee, the BC Support Operations Coordinator, and the BC Support Program Manager to inform them of the situation as soon as possible. It is the responsibility of the Race Director to communicate with and refund pre-registered riders.

7 COLORADO CROSS CUP VENUE, EVENT AND COURSE DESCRIPTION

7.1 REQUIREMENTS FOR CUP EVENTS

- Scoring Technology: High Speed Camera (* A 'High Speed Camera' is defined as a camera with the capability to produce images at a minimum speed of 1,500 line scans per second) or Chip Timing with Video Back-Up
- Safety: EMT on site.
- Prize List: at Event Director's discretion: Cash is suggested for SM Open and SW Open, going places 3-deep, with equal prize list for men and women.
- Spectacle: Quality race announcers and sound system, formal podium, solid fencing last 50 meters. Neutral support encouraged. Pre-J Events are strongly encouraged.
- Officials Enclosure & Staffing: Enclosed, weatherproof, wind-proof, elevated, safe and shaded space for race officials. This space must be positioned such that officials can clearly see oncoming racers. The Chief Referee has the final decision regarding the most suitable judging location for the officials. Officials to be staffed using USA Cycling guidelines at a minimum. Radios are required for communication between Race Director, Chief Referee, Chief Judge, Registration, Medical; additional radio distribution as suggested by Chief Referee. BC owns race radios that are stored with chief referees.
- Race Directors are encouraged to include a Pre-J (Pre-Junior) non-competitive event during the race day. Pre-J is an event for riders with a biological age of 6, 7, and 8. This event should be held during Preview time. Ideally, the Pre-J course will be separate from the regular course so that the riders previewing the course do not interfere with the Pre-J event and vice versa. This event requires a separate permit from USAC that costs \$25 . All Pre-J participants and parents must sign a standard release form. Race Directors are encouraged to provide ribbons or awards for all Pre-J participants.

7.2 REQUIREMENTS FOR NON-CUP CYCLOCROSS EVENTS

- Scoring Technology: Finish Line Camera**
- Safety: On-site medical is strongly encouraged.
- Prize List: at Race Director Discretion.

- Officials Enclosure & Staffing Officials Work Area: Elevated and covered platform with table, chairs, laps counter, and bell. Per USA Cycling specifications at a minimum.
- Race Directors are encouraged to include a Pre-J (Pre-Junior) non-competitive event during the race day. Pre-J is an event for riders with a biological age of 6, 7, and 8. This event should be held during Preview time. Ideally, the Pre-J course will be separate from the regular course so that the riders previewing the course do not interfere with the Pre-J event and vice versa. This event requires a separate permit from USAC that costs \$25 . All Pre-J participants and parents must sign a standard release form. Race Directors are encouraged to provide ribbons or awards for all Pre-J participants.

* A 'High Speed Camera' is defined as a camera with the capability to produce images at a minimum speed of 1,500 line scans per second.

** Not necessarily a high-speed camera, but a good video system with playback capability while still filming.

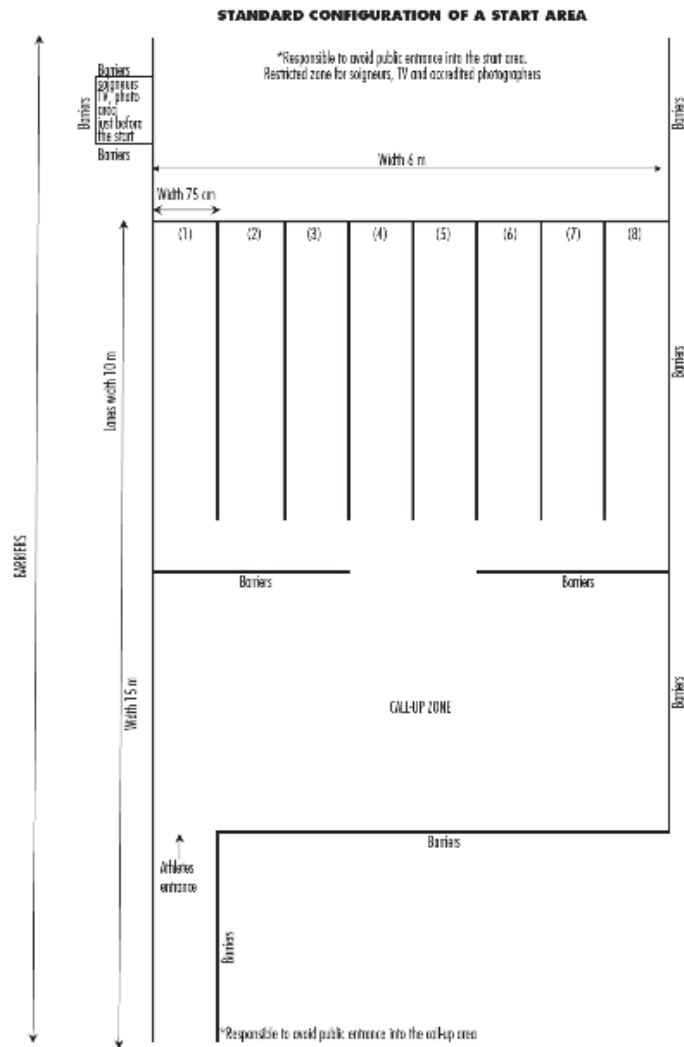
7.3 COURSE REQUIREMENTS

- All venues and courses MUST meet the following distance, width, safety, and sporting requirements:
 - The course should be at least a 7 minute lap for the Men Open category leaders.
 - The entire course should be at least 3 rideable meters in width (the course ultimately needs to provide reasonable and safe passing for the duration of the lap).
 - All open area turns shall be marked with 2" wide or greater course tape, e.g., "caution" tape, fencing or cones (cones for pavement/roads only). Note: surveyors' flags or 1" tape does not meet this criteria.
 - All races must have a designated off-course staging area and start grid, located on a firm surface.
 - A start grid 6 meters wide comprising 8 lanes of 75 cm shall be set up and clearly marked in some manner depending on the nature of the start surface (paint, chalk, course tape, etc.)
 - At least 200 meters of firm surface after the start must be free of obstructions and sharp turns (as per USAC Rules). At least 50 meters in the start zone should have hard barriers, snow fencing, or tape to maintain the 6-meter width of the start zone.
 - A double-entry service pit should be located approximately half-way through the course.
 - Finish must be on a firm surface and free of obstructions and sharp turns for final 100 meters and 50 meters past the finish (as per USAC rules.)
 - The finish area must have a clearly marked finish line bypass for riders warming up.
 - Barrier height, barrier location, and number of barriers per lap must abide by USAC rules.
 - The start area of the course should feed into the course past the finish line in the direction of the course.
 - Course set-up should be completed 30 minutes prior to the first race using that course.
 - The chief referee will not allow a race to start if he/she deems the course unsafe.

8 STAGING, CALL UPS, AND RACE START

- Race directors have two options for start procedures: (1) Start race waves on one whistle with riders staged based on overall USAC rankings for the entire wave (corral start). (2) Traditional staggered start with a gap between each race group in a wave.
 - All events that are part of the Colorado Cross Cup should use the BC RaceDay Registration Spreadsheet. The BC RaceDay Registration Spreadsheet is an electronic tool (Excel Spreadsheet) that allows race directors to create accurate, ranked start lists using both pre-registered and day-of race registration. These lists can be ordered to provide accurate call-ups. There is no charge to use the BC RaceDay Registration Spreadsheet, laptop and printer.
- The BC RaceDay Registration Spreadsheet can be downloaded from <https://racedayreg.co>
- Events that are not part of the Colorado Cross Cup can create call-ups based on other criteria. The method of creating call-ups must be included on the event flyer.
- Suggested call-up depth is the names of 40 racers (5 rows of 8 racers each).
- The Chief Referee may elect to call-up a lower number of places based on field size or other relevant issues.
- The Chief Referee and Race Director may choose to offer a first or second-row call-up to an out-of-state racer who is in the top 100 of USAC National Open rankings.
- Riders who miss their call-up will enter the start grid after the most recently called rider or wave has been allowed to stage. Under no circumstance can they enter from the front.
- The starting grid shall be modeled after the UCI specifications as shown in the following image, entitled 'Call-up Zone'.
- The starter will give at least a 60 second warning and a 30 second warning. The starter will give the start command at any time in the final 30 seconds. No other start commands will be given.

Call-up zone



8.1 RACE GROUPS INCLUDED IN CUP COMPETITION

Junior Men 9-10
Junior Men 11-12
Junior Men 13-14
Junior Men 15-16
Junior Men 17-18
Junior Women 9-10
Junior Women 11-12
Junior Women 13-14
Junior Women 15-18
Junior Women 17-18
Senior Men Open
Senior Men 3
Senior Men 4
Senior Men 5
Single Speed Men
Senior Women Open
Senior Women 3
Senior Women 4
Senior Women 5
Single Speed Women
Master Men 40+
Master Men Men 40+ 3
Master Men 40+ 4
Master Men 50+
Master Men 50+ 3
Master Men 50+ 4
Master Men 60+
Master Men 70+*
Master Women 40+
Master Women 50+
Master Women 60+*

- Race Directors are encouraged to run all Colorado Cross Cup categories.
- There is no set schedule for the order of the events. Each race director is welcome to order the events any way he or she wishes, as well as choose other combinations of the race groups to fit their particular circumstances.
- The following table **suggests** the race groups, minimum race times, minimum race gaps, and combinations of categories. Each race wave will be followed by a minimum 15-minute gap (for races without chip timing) and 10-minute gap (for races with chip timing) unless the race director and BC/Chief Referee determine a different gap is more appropriate.

* MM 70+ and MW 60+ will not be scored or awarded separately during the season's events but will be awarded trophies at the end of the season at the Cup party. These categories will be recognized at the State Championship event.

10 RACE GROUPS DISTANCES, COMBINATIONS AND GAPS

Suggested Race Group/Combination	Minimum Time	Gap w/o Chips	Gap with Chips
Women 3 / Women 4 / Women 50+ / Women 5	40	15	10
Men 4 / Men 5	40	15	10
Men 40+ 4 / Men 50+ 4	40	15	10
Men 3 / Men 40+ 3 / Men 50+ 3	40	15	10
Men 50+ / Men 60+	40	15	10
Pre-J / Preview	20	15	10
Women Open / Women 40+ / SS Women	45	15	10
Men Open / Men 40+ / SS Men	55	15	10
Men 15-16 / Men 17-18 / Women 15-16 / Women 17-18 / Men 13-14 / Women 13-14	30	15	10
Men 11-12 / Women 11-12 / Men 9-10 / Women 9-10	20	15	10

10.1 COLORADO STATE CHAMPIONSHIPS CYCLOCROSS 1-DAY SUGGESTED SCHEDULE

Categories	Start Time	Time (min)
Women 3	8:00:00 AM	40
Women 4	8:00:30 AM	40
Women 50+	8:01:00 AM	40
Women 5	8:01.30 AM	40
Men 4	8:55:00 AM	40
Men 5	8:56:00 AM	40
Men 40+ 4	9:50:00 AM	40
Men 50+ 4	9:51:00 AM	40
COURSE PREVIEW		15
Women Open	10:45:00 AM	45
SS Women	10:45:30 AM	45
Collegiate Women	10:46:00 AM	45
Women 40+	10:46:30 AM	45
Men Open	11:50:00 PM	55
SS Men	11:50:30 PM	55
Collegiate Men	11:51:00 PM	55
Men 40+	11:51:30 PM	55

Categories	Start Time	Time (min)
LUNCH & COURSE PREVIEW		15
Men 50+	1:20:00 PM	40
Men 60+	1:21:00 PM	40
Men 3	2:15:00 PM	40
Men 40+ 3	2:16:00:PM	40
JUNIOR COURSE PREVIEW		15
Jr Men 17-18	3:10:00 PM	30
Jr Wom 17-18	3:10:30 PM	30
Jr Men 15-16	3:11:00 PM	30
Jr Wom 15-16	3:11:30 PM	30
Jr Men 13-14	3:55:00 PM	30
Jr Wom 13-14	3:55:30 PM	30
Jr Men 11-12	3:56:00 PM	20
Jr Wom 11-12	3:56:30 PM	20
Jr Men 9-10	3:57:00 PM	20
Jr Wom 9-10	3:57:30 PM	20

11 COLORADO CROSS CUP POINTS

11.1 CROSS CUP INDIVIDUAL COMPETITION

- In 2024, there are twelve races in the Cross Cup. Of these 12 races, a rider's best 8 results will count towards the Individual Cup competition.
- The rider with the greatest total of qualified points in the respective category will be awarded the Colorado Cross Cup Individual award.
- In case of a tie at the end of the season, a rider's placing in the respective category at the Colorado Cyclocross State Championship will serve as a tie-breaker.
- In case of a tie in a specific race, riders will receive the same points.
- Points are allocated as in the table below:

Place Points

1	35
2	30
3	27

4	24
5	22
6	20
7	19
8	18
9	17
10	16
11	15
12	14
13	13
14	12
15	11
16	10
17	9
18	8
19	7
20	6
21	5
22	4
23	3
24	2
25	1

11.2 CROSS CUP TEAM COMPETITION

- Only clubs/teams that are current club members in good standing at Bicycle Colorado will be included in the Cross Cup Team Competition.
- Teams can join Bicycle Colorado as a member club [using this link](#).
- In 2024, there are twelve races in the Cross Cup. Of these 12 races, a rider's best 8 results will count towards the Team Cup competition.
- Individual riders who live in Colorado (based upon the information held in their USAC Race Membership profile) will earn points for their team based upon their results in Cross Cup events.
- Riders must have their team listed correctly in their member profile at USA Cycling in order for their results to be counted for the Team Cup competition.
- Riders who are part of a RMCCC member club will be counted for that club in the Team Cup competition, even if that rider lives out of Colorado.
- In case of a tie in the Team Cup competition at the end of the season, the tie will be broken in favor of the team who had the best placing rider in their respective race group at the State Championships.
- Riders will earn points for their team based upon the following points schedule:

Rider Placing Points for Team Cup Competition

1	20
2	17
3	14
4	12
5	11
6	10
7	9
8	8
9	7
10	6
11	5
12	4
13	3
14	2
15	1