



2023 Colorado Cross Cup Policy

In an effort to create the best possible cyclo-cross racing for Colorado, Bicycle Colorado (BC) has created the Colorado Cross Cup policy to meet the needs of our racers, venues, officials and race directors. This BC Policy is in addition to the USA Cycling Rulebook. In the event of conflict between these documents, USAC Rules take precedence.

1 GOALS OF THE COLORADO CROSS CUP

- Recognize the best Colorado Cross Cup Individuals and Teams in designated categories
- Encourage teamwork and competitiveness
- Effectively manage length of race day for race directors
- Provide consistent racing schedules for athletes
- Encourage quality event promotion
- Effectively manage the race calendar
- Provide equal opportunities for race directors to put on events

2 COLORADO CROSS CUP REGULATIONS

The Colorado Cross Cup will use a scoring system for individual cup and team cup that is based on as close as possible to 66% of available Cup race days (if two events are on the same day, that still counts as one race day).

2.1 REGISTRATION

- Race flyers must be posted 30 days in advance of pre-registration deadline.
- Registration for Colorado Cross Cup Events:
 - Must close a minimum of 40 minutes before each race start.
 - It is recommended that pre-registration be available until at least 36 hours before the event starts.
 - Race directors should provide a separate line for pre-registered riders to pick up their race numbers.

- Pre-registration files must include the following validated data and be sent to the timing company or race director 18 hours in advance of first race if requested.
 - First and Last Name
 - Category
 - **Validated** USAC License Number
 - Gender
 - Racer's state of residence
 - Team/Club
 - **Email**
- BC Day of Race Registration Program recommended to be used for onsite registration.
- Electronic start lists and results must include validated USAC license numbers.

2.2 COURSE PREVIEW


- Riders are allowed to preview the course at times designated by the race flyer and by the Chief Referee. A green flag will be flown near the start/finish line when the course is open for previewing. Alternatively, a red flag, or absence of a flag, will designate that the course is closed for preview. Riders shall exit the course when the red flag is visible or when notified to leave the course. Riders may preview the course by following a race group just after the start of the race, or by entering the course just past the finish line once the winner of the previous race finishes. Riders must not interfere with any ongoing race, nor pass any rider who is still racing. Riders previewing the course should always respect the rights of active racers. Failure to abide by this preview policy may result in disqualification or loss of start position for poor sportsmanship. The Chief Referee is the final authority on course preview.

3 CALENDAR CREATION AND EVENT SELECTION

- The Colorado Cross Cup season is from September 1st to December 31st of the given year.
- In order for an event to appear on the BC Racing Calendar and be part of the Colorado Cross Cup, the following conditions must be met:
 - Promoting clubs must be current members in good standing of both USA Cycling and the Bicycle Racing Association of Colorado.
 - Race Director or club has properly applied for the status of CROSS CUP
- BC will attempt to balance the schedule for equal opportunity for all race groups to compete in the CROSS CUP.
- BC will attempt to balance the schedule to give equal opportunities for race directors to put on events.
- In the winter of each year, the BC Events Support Operations Coordinator will collect Race Date Request Forms and Calendar Date Fees from BC clubs that wish to host a cyclo-cross race in the upcoming season. Each spring, BC will host a Cross Promoters' Meeting to create the upcoming cyclo-cross season based on the dates requested by the clubs and race directors.
- From the calendar created at the Spring Cross Race Directors' Meeting, BC shall select the Colorado Cross Cup events.
- First year events and/or clubs/race directors who cancelled an event for reasons other than weather, will be considered probationary and therefore must prove to the Board of Directors beyond a reasonable doubt that they should be awarded CUP status.
- Race directors have the option to not be part of the Colorado Cross Cup (i.e. their event has no points designation).

- Failure to meet Colorado Cross Cup policy standards may result in loss of Colorado Cross Cup status for the current year's events and cause the club to be ineligible for Colorado Cross Cup status the following year.
- Changes in race venue must be approved by BC.
- Mid-Week races will not be part of the Colorado Cross Cup point competition (Friday night races may be considered through a written request to BC).

3.1 CUP REQUIREMENTS

	Technology	High Speed Camera or Chip Timing with Video Back-Up
	Prize List	SM Pro-1-2: Cash, 3-deep; SW Pro-1-2: Cash, 3-deep
	Spectacle & Safety	Quality announcers and sound, formal podium, solid fencing last 50 meters. Neutral support encouraged. Pre-J Events are strongly encouraged.
	Officials Enclosure & Staffing	Enclosed, weatherproof, wind-proof, elevated, safe and shaded space for race officials. This space must be positioned such that officials can clearly see oncoming racers. The Chief Referee has the final decision regarding the most suitable judging location for the officials. Staffed at USA Cycling guidelines at a minimum. Radios are required for communication between Race Director, Chief Referee, Chief Judge, Registration, Medical; additional radio distribution is suggested.
NON CUP	Technology	Finish Line Camera**
	Prize List	Race Director Discretion
	Officials Enclosure & Staffing	Officials Work Area. Elevated and covered platform with table, chairs, laps counter, and bell. Per USA Cycling specifications at a minimum.

* A 'High Speed Camera' is defined as a camera with the capability to produce images at a minimum speed of 1,500 line scans per second.

** Not necessarily a high-speed camera, but good video system with playback capability while still filming.

4 RIDER AND CLUB ELIGIBILITY

- BC annual members may earn points in the Colorado Cross Cup rider competition. There is no specific Category 5 Cup Competition, but Cat 5 riders may earn points in any race group that does allow Cat 5 riders, (i.e. Men 60+ or Men 4-5).
- BC member clubs in good standing may earn points for the Team Competition.
- USAC one-day members are not eligible for Cup points.
- Points earned before annual membership is obtained **will not** be counted in the rider's points or team's points total.
- Points earned by a rider prior to the rider's club being listed on the rider's license and in the BC database will not count for the team. No retroactive points will be awarded to a team.

5 COLORADO CROSS CUP RIDER AND CLUB RESPONSIBILITIES

- USAC and BC club and rider license and membership fees have been paid for riders and their club.
- The correct category and club affiliation is shown on their profiles on both www.usacycling.org and

www.bicyclecolorado.org by September 1.

- Riders must read the event flyer for start times, distances, timing requirements, and guidelines specific to each event, and check the BC home page for any changes to the event.
- Rider must arrive to the call-up/staging area at least 10 minutes prior to the start of their event. If late, they will enter the start grid after the most recently called rider or wave has been allowed to stage.
- Rider will verify his/her placing on the official results that are posted at the race venue or results kiosk.
- Riders and Teams will monitor the BC Support Operations Manager.

6 COLORADO CROSS CUP RACE DIRECTOR RESPONSIBILITIES

- The club/race director will abide by all Colorado Cross Cup policies.
- The club/race director agrees to collect and pay all fees as outlined in the BC Schedule of Fees.
- Event should have a professional appearance and atmosphere as outlined in section 7.
- In the event of a weather cancelation, the race director shall call the Chief Referee, the BC Support Operations Coordinator, and the BC Support Program Manager to inform them of the situation as soon as possible.

7 COLORADO CROSS CUP VENUE, EVENT AND COURSE DESCRIPTION

- Colorado Cross Cup events must provide a safe, weather-proof, elevated, and shaded space for race officials.
- Events with no Cup designation must provide a safe, shaded, weather-protected space for officials.
- At all events, the official's space must be positioned such that officials can clearly see oncoming racers.
- The Chief Referee has the final decision regarding the most suitable judging location for the officials.
- All venues and courses MUST meet the following distance, width, safety, and sporting requirements:
 - The course should be at least a 7- minute lap for the Men Open category leaders.
 - The entire course should be at least 3 rideable meters in width (the course ultimately needs to provide reasonable and safe passing for the duration of the lap).
 - All open area turns shall be marked with 2" wide or greater course tape, e.g., "caution" tape, fencing or cones (cones for pavement/roads only). Note: surveyors' flags or 1" tape does not meet these criteria.
 - A start grid 6 meters wide comprising 8 lanes of 75 cm shall be set up and clearly marked in some manner depending on the nature of the start surface (paint, chalk, course tape, etc.)
 - At least 200 meters of firm surface after the start must be free of obstructions and sharp turns (as per USAC Rules). At least 50 meters should have hard barriers, snow fencing, or tape to maintain the 6-meter width of the start zone.
 - A double-entry service pit should be located approximately half-way through the course.
 - Finish must be on a firm surface and free of obstructions and sharp turns for final 100 meters and 50 meters past the finish (as per USAC rules.)

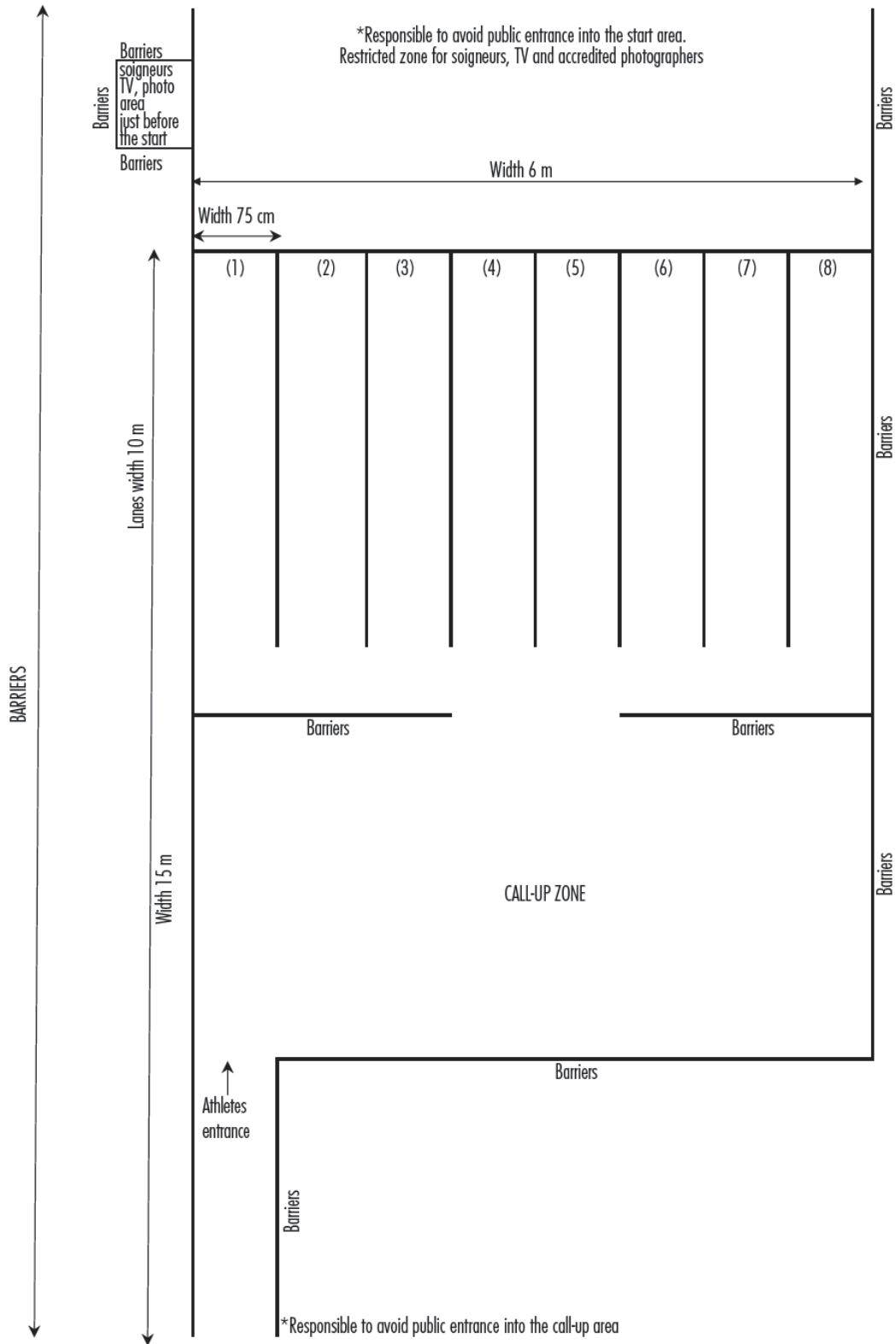
- The finish area must have a clearly marked finish line bypass for riders warming up.
- Barrier height, barrier location, and number of barriers per lap must abide by USAC rules.
- ALL races must have a designated off-course staging area and start grid, located on a firm surface.
- Race directors are encouraged to have the start section feed into the course past the finish line in the direction of the course.
- Course set-up should be completed 30 minutes prior to the first race using that course.
- The chief referee will not allow a race to start if he/she deems the course unsafe.

8 STAGING, CALL UPS, AND RACE START

- Race directors have two options for start procedures: (1) Start race waves on one whistle with riders staged based on overall USAC rankings for the entire wave (corral start). (2) Traditional staggered start with a gap between each race group in a wave.
- All events that are part of the Colorado Cross Cup should use the BC Race Registration Spreadsheet. The BC Race Registration Spreadsheet is an electronic tool (Excel Spreadsheet) that allows race directors to create accurate start lists and registration using both pre-registered and day-of race registration. There is no charge to use the BC Race Registration Spreadsheet, laptop and printer.
- The BC Race Registration Spreadsheet can be downloaded from <https://racedayreg.co>
- Events that are not part of the Colorado Cross Cup can create call-ups based on other criteria. The method of creating call-ups must be included on the event flyer.
- Suggested call-up depth is the names of 40 racers (5 rows of 8 racers each).
- The Chief Referee may elect to call-up a lower number of places based on field size or other relevant issues.
- The Chief Referee and Race Director may choose to offer a first or second-row call-up to an out-of-state racer who is in the top 100 of USAC National Open rankings.
- AT LEAST one race volunteer or official must be present to assist in staging.
- Riders who miss their call-up will enter the start grid after the most recently called rider or wave has been allowed to stage. Under no circumstance can they enter from the front.
- The starting grid shall be modeled after the UCI specifications as shown in the following image, entitled 'Call-up Zone'.
- The starter will give at least a 60 second warning and a 30 second warning. The starter will give the start command at any time in the final 30 seconds. No other start commands will be given.

Call-up zone

STANDARD CONFIGURATION OF A START AREA



9 CATEGORIES

RACE GROUPS INCLUDED IN CUP COMPETITION							
Junior Men	Men 9-10	Men 11-12	Men 13-14	Men 15-16	Men 17-18		
Junior Women	Women 9-10	Women 11-12	Women 13-14	Women 15-18	Women 17-18		
Senior Men	Men Open	Men 3	Men 4	SS Men			
Senior Women	Women Open	Women 3	Women 4	SS Women			
Master Men	Men 40+	Men 40+ 3	Men 40+ 4	Men 50+	Men 50+ 3	Men 50+ 4	Men 60+*
Master Women	Women 40+	Women 50+*					
Non-Cup Categories	Pre-J	Men 5	Women 5	SS 4-5			

- A Race Director shall run all Colorado Cross Cup categories designated by BC unless granted an exemption by BC.
- There is no set schedule for the order of the events. The following table gives the race groups, minimum race times, minimum race gaps, and suggested combinations. Each race wave will be followed by at least a 15-minute gap unless the race director and BC/Chief Referee determine a different gap is more appropriate. Each race director is welcome to order the events any way he or she wishes, as well as choose other combinations of the race groups to fit their particular circumstances.
- A Race Director is encouraged to include a Pre-J (Pre-Junior) non-competitive event during the race day. It is an event for riders of either gender with a biological age of 6, 7, and 8. This event should be held during Preview time. Ideally, the Pre-J course will be separate from the regular course so that the riders previewing the course do not interfere with the Pre-J event and vice versa. This event requires a separate permit from USAC that costs \$25 . All Pre-J participants and parents must sign a standard release form. Race Directors are encouraged to provide ribbons or awards for all Pre-J participants.

* MM 70+ and MW 60+ will not be scored or awarded separately during the events but will be awarded trophies at the end of the season at the Cup party.

10 Race Group Distances, Combinations, and Gaps

Race Group/Combination	Minimum Time	Gap w/o Chips	Gap with Chips
Women 3 / Women 4 / Women 50+ / Women 5 **	40	15	10
Men 4 / SS 4-5 ** / Men 5 **	40	15	10
Men 40+ 4 / Men 50+ 4	40	15	10
Men 3 / Men 40+ 3 / Men 50+ 3	40	15	10
Men 50+ / Men 60+	40	15	10
Pre-J / Preview	20	15	10
Women Open / Women 40+ / SS Women	45	15	10
Men Open / Men 40+ / SS Men	55	15	10
Men 15-16 / Men 17-18 / Women 15-16 / Women 17-18 / Men 13-14 / Women 13-14	30	15	10
Men 11-12 / Women 11-12 / Men 9-10 / Women 9-10	20	15	10

** Non-Cup category

Colorado State Championships Cyclo-cross 1-Day Schedule

Categories	Start Time	Time (min)
Women 3	8:00:00 AM	40
Women 4	8:00:30 AM	40
Women 50+	8:01:00 AM	40
Women 5*	8:01.30 AM	40
Men 4	8:55:00 AM	40
SS 4-5*	8:55:30 AM	40
Men 5*	8:56:00 AM	40
Men 40+ 4	9:50:00 AM	40
Men 50+ 4	9:51:00 AM	40
COURSE PREVIEW		15
Women Open	10:45:00 AM	50
SS Women	10:45:30 AM	50
Collegiate Women	10:46:00 AM	50
Women 40+	10:46:30 AM	50
Men Open	11:50:00 PM	60
SS Men	11:50:30 PM	60
Collegiate Men	11:51:00 PM	60
Men 40+	11:51:30 PM	60

Categories	Start Time	Time (min)
LUNCH & COURSE PREVIEW		15
Men 50+	1:20:00 PM	40
Men 60+	1:21:00 PM	40
Men 3	2:15:00 PM	40
Men 40+ 3	2:16:00:PM	40
Men 50+ 3	2:16:30 PM	40
JUNIOR COURSE PREVIEW		15
Jr Men 17-18	3:10:00 PM	30
Jr Wom 17-18	3:10:30 PM	30
Jr Men 15-16	3:11:00 PM	30
Jr Wom 15-16	3:11:30 PM	30
Jr Men 13-14	3:55:00 PM	20
Jr Wom 13-14	3:55:30 PM	20
Jr Men 11-12	3:56:00 PM	20
Jr Wom 11-12	3:56:30 PM	20
Jr Men 9-10	3:57:00 PM	20
Jr Wom 9-10	3:57:30 PM	20

* Non-Cup/State Championship

11 COLORADO CROSS CUP POINTS SYSTEM

- In the event of a contested finish that is too close to judge with the allocated resources, BC will use the applicable USAC rule 1M4(b), which is used for both road and cyclo-cross events: Should two or more riders make a dead heat for first place only, they shall re-ride the final sprint for 1,000 meters to determine the winner. If the dead heat is for any other place, the riders concerned shall be declared equal and the prizes for those places shall be added and equally divided or duplicated at the discretion of the Race Director. Riders tied for a place that gives cup points will receive the same points.

11.1 CUP Individual Competition

- For the Colorado Cross Cup Individual Rider Competition:
 - Points will apply for a % of a rider's top point earning events in a given season. The number of events that will count will be decided at the beginning of the season based on the number closest to 66% of the scheduled cup race days (number determined on September 1).
 - In case of a tie, a rider's placing in the respective category at the State Championships will serve as a tie-breaker.
 - The rider with the greatest total of qualified points in the respective category shall be awarded the Colorado Cross Cup Individual Championship.
 - Points are allocated as in the table below.
 - For this season, State Championship points will be multiplied by 1.5

<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
1	35	22	4
2	30	23	3
3	27	24	2
4	24	25	1
5	22		
6	20		
7	19		
8	18		
9	17		
10	16		
11	15		
12	14		
13	13		
14	12		
15	11		
16	10		
17	9		
18	8		
19	7		

20	6
21	5

11.2 CUP Team Competition

- In each race, the team's top two places will be added
 - Any team that does not finish with two riders per above will not be placed in the team competition for that race group that day
- The team with the lowest total of sum of placings will be the team winner for the day in that race group.
- The team with the second lowest sum of placings will be second place, etc.
- In the case of a tie on sum of placings, the tie will be broken in favor of the team who had the best placed rider.
- Once the ranking by teams for the day is established, the teams will receive the number of points for the Team Cup competition per the table below.
- In case of a tie in the overall team Cup competition at the end of the season, the tie will be broken in favor of the team who had the best placing by team in their respective race group at the State Championships.
- The number of races that will count for team rankings will be decided at the beginning of the season based on the number closest to 66% of the scheduled cup race days.

Team Placing	Points
1	20
2	17
3	14
4	12
5	11
6	10
7	9
8	8
9	7
10	6
11	5
12	4
13	3
14	2
15	1