



Karen Hornbostel Memorial Time Trial Series At Cherry Creek State Park

Permitted by USA Cycling - Permit: 2023-6885

Chief Referee: Steven Truesdale

Race Director: Ned Hoag



COBRAS

<http://cobrascycling.org>



The 2023 Series consists of seven (7) individual time trials on consecutive Wednesday evenings.

When: March 29,
April 5, 12, 19, 26,
May 3, 10
Weather Make-up:
May 17

Where: Cherry Creek State Park
4201 S. Parker Road
Aurora, CO 80014

Time: First racer starts at 4:30 PM

Additional information about the series and updated information is available at:

Web: <https://khmtt.com>
Email: khmtt@cobrascycling.org

The KHMTT race series is a fundraiser for the **Cancer Fitness Institute** in memory of Karen Hornbostel and **Bicycle Colorado**.

You will be able to pick your own start time.

The park has resurfaced all of Tower Loop and a major section of East Lake View Road, up to where the park resurfaced the road on the west side a few years ago which will make racing at Cherry Creek State Park much easier on the body and faster!

Please visit the <https://khmtt.com> website for additional and updated information.

CATEGORIES AND FULL SERIES REGISTRATION FEES

Category	Fee	Category	Fee
Junior Men		Junior Women	
Men 9-10	\$60	Women 9-10	\$60
Men 11-12	\$60	Women 11-12	\$60
Men 13-14	\$60	Women 13-14	\$60
Men 15-16	\$60	Women 15-16	\$60
Men 17-18	\$60	Women 17-18	\$60
Senior/Master Men		Senior/Master Women	
Men CAT 5	\$170	Women CAT 5	\$170
Men CAT 4	\$170	Women CAT 4	\$170
Men CAT P-1-2-3	\$170	Women CAT P-1-2-3	\$170
Master Men		Master Women	
Men 40-44	\$170	Women 40-44	\$170
Men 45-49 4-5	\$170	Women 45-49	\$170
Men 45-49 1-2-3	\$170	Women 50-54	\$170
Men 50-54 4-5	\$170	Women 55-59	\$170
Men 50-54 1-2-3	\$170	Women 60-64	\$170
Men 55-59 4-5	\$170	Women 65-69	\$170
Men 55-59 1-2-3	\$170	Women 70+	
Men 60-64 4-5	\$170	Other Women	
Men 60-64 1-2-3	\$170	Women Retro	\$170
Men 65-69 4-5	\$170	Women 19-39 e-Bike	\$170
Men 65-69 1-2-3	\$170	Women 40-99 e-Bike	\$170
Men 70-74	\$170	Women Single Speed	\$170
Men 75-79	\$170	Paracycling WC 1-5	\$170
Men 80+	\$170		
Other Men		Other	
Men Retro 4-5	\$170	Tandems (each racer)	\$85
Men Retro 1-2-3	\$170	Hand Cycles	\$170
Men 19-39 e-Bike	\$170	T 1-2	\$170
Men 40-99 e-Bike	\$170	Recumbent	\$170
Men Single Speed	\$170		
Paracycling MC 1-5	\$170		

The above fees do not include any fees charged by Bikereg.com nor the fees charged by Cherry Creek State Park. See the KHMTT.com website regarding purchasing 2023 Colorado State Park Annual passes.

Cost per individual race is \$10.00 for under nineteen age categories and \$35.00 for all other categories.

If you want to ride the course twice (two bibs, two start times, two categories) pay only \$40 in addition to your base registration fee.

REGISTRATION

- Full series registration will be available on February 20th
- Purchasing fewer races than the full series, Show and Go, and single races will be available on March 20th.

The registration process will enable you to select your approximate start time. You will be assigned the next available start time based on the time you selected during registration.

Start times will be assigned on a first come, first served basis. Once your registration has been completed you will be notified by email, usually within 24 hours. Start times will also be posted at <https://khmtt.com/start-list/>

Be sure that your email and mailing addresses are correct on the USAC registration form.

If you register before March 18th your bib will be mailed to you if your USAC license is current.

If your bib is not mailed to you, your bib may be picked on race day after 3:15 PM at the Smoky Hill Parking Lot Pavilion.

Registration will not be available at the park.

Registration is available online up until 5:00 PM on race day. Online registration is smart phone friendly.

LICENSE/MEMBERSHIP REQUIREMENTS:

- A USA Cycling (USAC) or UCI racing license is required

FULL SERIES OR MULTIPLE RACE PURCHASES:

- You must have a valid Annual USAC or UCI license
 - USAC memberships/racing licenses may be purchased at <https://usacycling.org>

SINGLE RACE PURCHASES:

- A valid USAC license is required
- If you do not have an Annual USAC License:
 - If you have never held a USAC annual or UCI racing license you may purchase a one-day USAC license when you register
 - If you have an expired USAC license you must purchase an experience one-day USAC license on the USA Cycling website before you race

PURCHASING FEWER THAN SEVEN RACES

Racers will be able to purchase a minimum of four races (or the number of races remaining in the series) starting about a week before the start of the series.

Example: after week one when there are six races remaining in the series, you may purchase four, five or six races. After week five when there are only two races left, you may purchase the two remaining races. Purchasing multiple races provides you with a set start time and bib number for all your races.

SHOW AND GO

For racers who do not know from week to week if they will be able to race but would like to reserve a start time for the complete series, you may purchase a Show and Go pass.

The cost to reserve your start time is \$20. Once you pick up your bib at the park you can just show up at the start any week you choose to race. Your credit card on file will be charged \$30 per race, a \$5 discount from the walk-up rate.

TANDEMS

Both tandem riders must register separately. Each rider will be charged half (\$85) of the total entry fee.

RETRO CATEGORY

No time trial equipment is allowed.

Time trial equipment includes:

- Aero bars
- Wheel rims deeper than 50mm
- Disk wheels
- Aero helmets

Bicycle: The seat tube and down tube must be straight and the height to width of the tubes may not exceed a ratio of 1 to 2 compared to the top tube.

Skin suits and shoe covers are permitted.

The Chief Referee will make the final decision on all retro equipment and accessories.

E-BIKE CATEGORY

E-bikes may be Class 1 only and must adhere to the following:

- No throttle
- Freely operable pedaling system: rear wheel drive train of pedals, crank, chain, and gear system.
- 750 watt or less motor (manufacturer's label of compliance is the minimum standard)
- Motor engages only with pedaling
- Motor assistance cut off at 20 mph (32 kmh)
- A single battery
- Limited start assist (no pedaling) up to 4 mph (6 kmh)

The e-bike should have a label on the frame indicating it is a class 1 e-bike showing the max wattage and speed (example: 350w 20 MPH) or the racer must be able to verify to the Chief Referee that the bike does conform to the above requirements. The Chief Referee will make the final decision on e-bike qualifications.

E-bikes must be pre-checked by the KHMTT mechanic next to the COBRAS tent before your first race.

Race For Free! Be A VOLUNTEER

Your ability to ride safely during the race depends on the many course marshals. Marshals are responsible for watching for vehicles on the course, pedestrian control and assisting other park users in reaching their destinations.

Race marshals must be at least 16 years old. Training will be provided by the COBRAS. The COBRAS will supply everything you need, including a race radio and vest.

Race marshals are given either early race start times or late race start times depending on the shift you are assigned to. We do our best to be sure you have plenty of time to marshal, warm up and race.

To receive more information and to sign up, go to:
<https://khmtt.com/volunteer-request>.

BIBS

You will be issued a bib number for the entire series for each category in which you are racing. Do not discard your bib after the first week – you will need it for all the races!

Racing bibs are not transferable to another racer.

The race bib must be pinned correctly on the left side. If the bib number is obstructed by hair or otherwise hidden from the view of the spotter or timers, then you may not receive a time.

RESULTS & AWARDS

Individual race results will be available on the Bicycle Colorado <https://weracehere.org/> Website. You will find a link on the KHMTT.com website.

The points (see points schedule below) from each rider's top 6 results are counted towards an overall title in each category.

When racing using a USAC One Day License, points will not be credited.

To qualify for a medal, the rider must have finished in at least three races in the series.

In the event of a tie, we will use the placing from the last event in the Series to determine overall results.

In the event of a cancellation, the number of events that count for the overall series may change.

If there are 10 or more entrants in a category, medals will be awarded to the top three in that category. If less than 10 racers, then only the top finisher will receive a medal. The exception will be all the under 19 age groups, where the top 3 finishers in each age group will receive a medal.

Medals will be mailed out a few weeks after the completion of the last race of the series.

Place	Points		Place	Points
1	26		11	10
2	23		12	9
3	21		13	8
4	19		14	7
5	17		15	6
6	15		16	5
7	14		17	4
8	13		18	3

9	12		19	2
10	11		20	1

Unofficial series standing is available on the KHMTT web site at <http://khmtt.com/series-ranking/>

Weather in Colorado can be windy, raining, sleeting, or snowing. Be prepared to ride in all conditions!

If the Chief Referee deems conditions to be unsafe on the day of the race, that day's racing may be canceled or if conditions become unsafe during the race, the race may be suspended or canceled.

If a cancelation occurs:

- No refunds will be made for canceled races except for single race purchases.
- Race cancellation may not be determined until 3:00 PM or later race day.
- The KHMTT will attempt to notify all registered racers via email and text and will be posted on the KHMTT.com website.

The KHMTT, Cherry Creek State Park and Colorado Parks and Wildlife reserve the right to cancel the series at any time if there are any changes in the state or local public health orders, or changes to the policies of the Colorado Parks and Wildlife regarding COVID-19 that would disallow the use of CCSP for the series. In the event of a cancellation no refunds will be issued.

THE COURSE

