ARE YOU COLO-READY?

BICYCLE (ROAD & GRAVEL) EDITION
With a little preparation, a spirit of adventure, and a soft spot for nature and the past, you’ll be ready to explore Colorado like a local.

LEAVE NO TRACE – CARE FOR COLORADO PRINCIPLES

01 KNOW BEFORE YOU GO
This land really is your land. The state and federal agencies manage 25 percent of Colorado’s total landbase, and our cities and counties manage the rest. Learn about and respect the space we all own, share, and enjoy. Know the rules and follow the Leave No Trace principles and avoid disturbing wildlife. Bring along potable water bottles or dirtrekker style water bottles to limit waste and stay hydrated in our dry climate.

02 STICK TO TRAILS
More than 2,000 miles of designated trails and 200 designated campgrounds, there’s no need to venture beyond. By avoiding trails outside areas and camping at least 250 feet from lakes, rivers, streams, you’re helping natural areas stay intact.

03 LOVE IT AS YOU FIND IT
Litter gets into the valley from every source. The rules of any 750-square-foot space at almost all times are 10-10-10: leave your footprint small, deal with your stuff, and never touch anything. Be aware of your surroundings and stay on the trails.

04 TRASH THE TRASH
Pack it, pack it out. Pack it up, pack it out, unless you’re planning to leave a piece of your bike here.

05 BE CAREFUL WITH FIRE
Colorado’s low humidity and high winds put its natural resources at risk. Be prepared, be constantly aware, and respect all fire restrictions.

06 KEEP WILDLIFE WILD
Colorado is a home to tens of thousands of species of fauna, flora, and feathered creatures. Know them, respect them, and let them be wild.

07 SHARE OUR TRAILS & PARKS
Observe the rules of the road, the lake, and the park. Know what to do and what not to do. Leave the park the way you found it.

ACT LIKE A LOCAL
OK, NOW YOU’RE DRESSED LIKE A LOCAL, HERE’S WHAT YOU NEED TO PASS FOR ONE.

COLORADO PACKING LIST
The weather in Colorado can change in a heart beat—particularly at higher altitudes. Check the weather forecast before you roll and be prepared for anything.

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COLORADO BIKING MUST-HAVES:

01 HELMET: Wear the fit you’re most comfortable with. Ensure your helmet is compatible with your bike, too.

02 SUNGLASSES: Not only will they shield your eyes from the sun and glare, but they also help protect your skin.

03 JERSEY & SHORTS: A stretchy and moisture-wicking material will keep you cool and dry.

04 GLOVES: Wearing them can change the way you ride. They also protect your hands from blisters and numbness.

05 WATER BOTTLE OR HYDRATION SYSTEM: It’s important to stay hydrated when riding.

06 BRIDAL LIGHTS: While it’s great to ride around at night, be sure to have a light you can see with.

07 SUNSCREEN: Whether you’re on the road or on the mountain, sunscreen is essential.

08 CLEATS: They allow you to twist your pedals in a way that will help you pedal with more power.

09 CLIMBING GEAR: It’s important to have the right gear to help you ascend.

10 SADDLE: The right saddle can make all the difference.

11 SNACKS: Bring small, lightweight snacks that will keep you fueled up.

12 NECK BUN: A neck bun can help protect your neck from the wind and rain.

13 WIND RESISTANT JACKET: It’s important to be prepared for colder weather.

14 PHONE: Keep it charged, keep it near you, and keep it safe.

15 CAPTAIN: It’s important to have a leader.

16 STUDY THE LAND:
Colorado’s low humidity and high winds put its natural resources at risk. Be prepared, be constantly aware, and respect all fire restrictions.

17 YIELD APPROXIMATELY:
Yield approximately to other riders with whom you aim to work together.

18 PLAN AHEAD:
Know your route, know your weather, know your condition, and plan for the unexpected.

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HEAD SIGNALS: In Colorado, you may signal right turns by pointing your right arm straight out or by clearing your left arm in front of your body. Left turns by pointing your left arm out straight or by signaling a signal post or stop sign.

LIGHTS & REFLECTORS: Colorado’s long, dark winters and early morning visible driving laws require lights and reflectors. The law states that all visible lights and reflectors are required for vehicles on public streets.

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